



Wirral Seaside Runs are a series of six races over an accurately measured 5 km, organised by Pensby Runners.

The runs are held monthly from March to August each year.

All races are entered on the day with registration inside Leasowe Lighthouse, Wirral, CH46 4TA.

Entry is £5 (non-club member) and £3 (UKA club member)

Dates for 2017

- RACE 1** Wednesday 29th March (N.B. 6.30 p.m. start time)
- RACE 2** Wednesday 26th April (7.00 p.m.)
- RACE 3** Wednesday 31st May (7.00 p.m.)
- RACE 4** Wednesday 28th June (7.00 p.m.)
- RACE 5** Wednesday 26th July (7.00 p.m.)
- RACE 6** Wednesday 30th August (7.00 p.m.)

See www.seasideruns.com for more information



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