

<p style="font-size: 24px; margin: 0;">Max 300 Runners</p> <p style="margin: 0;">Follow us on Facebook</p>		<p style="text-align: center; font-size: 18px;">Race No.</p>
--	---	--

Entry Form	Fee Paid
------------	----------

<b>First Name</b>		<b>Date of Birth</b>	<b>dd/mm/yy</b>	All Runners under 11 <b>MUST</b> be accompanied by an Adult. No Exceptions
<b>Surname</b>			/ /	

Tel No.	Mobile No.	<b>Prize</b>  <b>£15 for 1st M &amp; W</b>  <b>For each Race</b>
Address		
Address	Post Code	<b>Grand Prix Award</b>  <b>For completion of 5 out of 6 races</b>
Emergency Contact	Emergency Contact No.	

Category - Women	U11 - U20 - SW - W40 - W50 - W60
Category - Men	U11 - U20 - SM - M40 - M50 - M60

Affiliated Club	England Athletics Reg No.	<b>Results</b>  Results will be available on the Website and posted on Facebook <a href="http://www.seasideruns.com">www.seasideruns.com</a>
<b>£3 Fee for Affiliated Runner - £5 Fee for Non Affiliated</b>		

E Mail Address	
----------------	--

<b>Declaration:</b> I understand that the Club, Event Organisers, Wirral Borough Council or anyone associated with the race will in no way be held responsible for any injury or illness, or loss or damage to my personal property before, during or after the event. I am medically fit to run and compete in this race		<b>Runners Hub</b>  Thank you to our sponsors, the Runners Hub in Heswall - <a href="https://www.therunnershub.net/">https://www.therunnershub.net/</a>
<b>Signed</b>	<b>Date</b>	

League Prizes
The first 25 runners in each race and each age category will receive points for a league table - 25 points for 1st, 24 for 2nd and 23 for 3rd etc
Age Categories are calculated on your age in the FIRST race of the Series
The categories are WU20, SW, WO40, WO50, WO60 & MU20, SM, M040, M050, M060
The Top 2 Runners in each Category will receive an award